

## **DURBAN FULL-TIME PRESENTATION SHEET**

In 2010 SAAH opened its doors in Durban offering training for Professional Health Care Assistants. Many students have qualified since then and are now working in hospitals around the country. Others, are now training as Professional nurses.

The training material has been developed by a team of dedicated and committed professional nurses and university academics.

All lectures are presented by a team of fully trained, highly skilled professionals in the various fields of expertise.

After completion of the course, you will receive a Professional Health Care Assistant Certificate.

## CONTENTS OF THE COURSE:

### MODULES INCLUDED IN THE HEALTH CARE ASSISTANT MANUAL:

- Ethics, Conduct, Rights of Patient, Care Assistant & Employee.
- Communication.
- Basic Human Anatomy and Physiology.
- Hygiene.
- Cross Infection.
- Intake & Output.
- Safety of Patients.
- Stimulation/Attending to Recreational Needs of the patients
- Oxygen Therapy.
- Total Patient Care.
- Death and Dying.
- Management of Stress.
- Care of the Elderly.
- Various Illnesses.
- Baby & Child Care.
- Basic Nutrition.
- Medical Terminology

## DURATION OF OUR HEALTH CARE

### ASSISTANT COURSE:

#### THREE MONTHS, FULL-TIME ONLY.

- 1<sup>st</sup> Month: Theory & Practical Training. (Approximately 80 hours)
- 2<sup>nd</sup> Month & 3<sup>rd</sup> Month: Practical Training. (Approximately 320 hours).  
You will be placed for Practical Training at Designated Venues, gaining Professional Experience under the Supervision of Qualified Professionals in Health Care Industries such as Professional Nurses.
- 1 Month - Frail Care Centre (160 Hours)  
1 Month - Private Hospital (160 Hours)
- **Practical Training Placements will be Determined by the SAAH College.**

## EVALUATION PROCESS:

- Three formative assessments will be written during the first month of theoretical training.
- At the end of theoretical training, a summative assessment based on the same format as a final summative examination will be written. A minimum of 50% needs to be obtained for this examination in order to be placed for the practical training period.
- Should the student fail, he/she may write a supplementary examination once only. Should the student fail to pass the supplementary examination, the student will need to pay R2625.00 to repeat theoretical training again.

## FINAL EXAMINATION:

- On completion of the three-month training period, a national final summative assessment examination will be written.
- 50% is required to pass this final evaluation.
- Should the student fail, he/she may write a supplementary examination once only. Should the student fail to pass the supplementary examination, the student will need to pay R1500.00 to rewrite.
- Final summative assessment examination results will be available within 21 days after having written the examination. It will be marked by the local tutor and be moderated by a professional nurse who oversees the quality control of the South African Academy of Health.
- A formal letter of recommendation will then be issued to each successful candidate. This will serve as proof that he/she has qualified as a Health Care Assistant.
- After successful completion of the course you will be able to:
  - Attend to patients' basic needs in a professional manner.
  - Understand professional and ethical codes.
  - Understand the scope/role of the Health Care Assistant.
  - Maintain and promote the health of the patients.
  - Prevent accidents and be knowledgeable about emergencies.
  - Promote communication with the patients.
  - Contribute to the care of the terminally ill.
  - Understand the causes of certain diseases and possible prevention.
  - Awareness of safety aspects.
  - Help with maintaining physical comfort, rest and sleep.
  - Help with maintaining hygiene.
  - Baby and child care.

## SELECTION CRITERIA:

- Sincere passion and the touch of loving hands to those in need of compassionate care.
- Minimum of Grade 10 (STD 8).
- Fluent in English (need to be able to read, speak and understand very well).

## COST OF OUR HEALTH CARE ASSISTANT COURSE:

**REGISTRATION FEE:** R300.00

### EASY PAYMENT PLANS:

Full Price for 2026: R12, 500.00

*(Please Note: If Fees are paid in full upfront, you will receive a R500.00 discount)*

### 3 Tier Payment Plan

Deposit at registration: R4, 200.00

Second instalment: R4, 150.00

Final instalment: R4, 150.00

### PAYMENTS ARE MADE SUBJECT TO THE FOLLOWING TERMS AND CONDITIONS

- If a student fails to pay on the given date, a 10% interest will be charged. The student will not be able to write his/her summative exams and will be suspended from the course immediately. Only once full payment is received, the student will be allowed to write exams and continue his/her practical in the hospital.
- **Please note** that the **deposit is non-refundable under any circumstances**, including but not limited to withdrawal, cancellation, or failure to complete the course. However, in place of the non-refundable registration fee, applicants have the option to enroll in one of the following short courses:
  - Basic Life Support & First Aid Procedures (NQF 1, 5 Credits)
  - Covid Training

### YOUR FEES INCLUDE THE FOLLOWING:

- Orientation Manual for Health Care Assistants.
- Theoretical Manual for Health Care Assistants.
- Practical Manual for Health Care Assistants.
- Student Card & Pen.
- Professional Indemnity.
- Health Care Assistant Certificate (when completed and passed).
- FREE Covid-19 Course and Certificate. (Valued at R450)
- CPR Course and Certificate. (Valued at R500)

### STUDENT TO PAY FOR THE FOLLOWING:

- Uniform Top **R320** each.
- Pants/skirt at **R230** each. Male pants cost **R230**.
- Each student is required to have **2** vaccines whilst in practical's **R270** each.

## TRANSPORT:

- All students are responsible for their own transport to training venues for lectures and also to practical venues during the duration of practical training.
- The South African Academy of Health does not assist with any transport arrangements.

## MEALS:

All students need to provide their own meals for the duration of the training period.

## WHAT DO YOU NEED TO REGISTER WITH US?

- 1 Certified copy of your identity book or passport.
- 1 Certified copy of your school certificate (highest grade passed).
- 2 Colour ID Photos.
- Police clearance (Can be done at Police Station(R90) or PostNet R360)

Registration closes: \_\_\_\_\_

Class starts: \_\_\_\_\_

## BANK DETAILS:

FNB (FIRST NATIONAL BANK)  
NAME: SOUTH AFRICAN ACADEMY OF HEALTH  
ACCOUNT No.: 62894113184  
BRANCH CODE: 250655  
TYPE: CURRENT ACCOUNT  
REFERENCE: STUDENT FULL NAME

## WHERE TO REGISTER:

Suite 1302, 13<sup>th</sup> Floor, Nedbank House  
30 Albert Street (Ingcuce Street)  
Durban Central  
Registrations: You May Register Immediately.

## WHY SETTLE FOR ANYTHING BUT THE BEST?

EXPERIENCE PROFESSIONAL AND CARING ASSISTANCE BY CALLING  
ANY OF THE FOLLOWING PERSONS ON: **031 811 0767/031 201 0716**  
MISS ARISHA DAVALALL OR SILINDILE NDLOVU

## PROCEDURE FOR BOOKING YOUR PLACE:

- To hold a place for a student, first month instalment of R4 200.00 cash will be charged.
- Once the R4 200.00 is paid, your place will be secure until the registration period closes only.
- There will be no rollover of funds to secure another place after the stipulated course has started.
- This instalment fee is not refundable if the student chooses not to commence the course.

I UNDERSTAND THE ABOVE AND WILL ABIDE BY THE PROCEDURE

Name : \_\_\_\_\_

Tel/cell : \_\_\_\_\_

Signed : \_\_\_\_\_

Date : \_\_\_\_\_

Witness : \_\_\_\_\_

Course booked for : \_\_\_\_\_

Prices could be changed without prior notice.

**Kindly bring this form with you to book your space!**

# BASIC LIFE SUPPORT & FIRST AID PROCEDURES: (Optional Course)

## MODULES INCLUDED IN THE FIRST AID MANUAL:

### EMERGENCY SCENE MANAGEMENT

- **Maintenance of personal safety and Assessing the emergency scene**
    - Call for Bystanders
    - Protect yourself at all emergency situations.
    - Stay Safe in emergency situations
    - Stay safe when dealing with others
  - **Methods of safeguarding the emergency scene**
    - Assess and manage the emergency scene
    - Mechanism of injury
    - Hazards
    - Some safety precautions
  - **Methods of safeguarding the injured person**
  - **Medico-legal implications of rendering First Aid**
    - Ethics of First Aid
    - Patient Consent
    - Standards set according to legislation as per the
  - **Occupational Health and Safety Act and other related legislation and policies**
    - Scope of practice, consent, recording
    - Relationship systems
    - Family, community, colleagues
    - Emergency and disaster services
  - **The First Aider**
    - Confidence attained through repeated practical applications
  - **Know your limits**
    - Willingness to assist in emergency situations
    - Class Activity 1: Emergency scene management
- ### ANATOMY AND PHYSIOLOGY
- **Describe the different systems of the human body**
    - Body Functions
    - Life Process
    - Anatomical terminology
  - **Explain the way in which each system operates**
    - Exchange with the Environment
    - Structure, Support, Protection and Movement
    - Control and Regulation
  - **Explain the manner in which the systems relate to each other**
    - Class Activity 2: Anatomy and physiology

### ASSESS AN EMERGENCY SITUATION

- **Assess an emergency situation**
  - Effective diagnosis and treatment and safety of the accident scene and bystanders
- **Identify the cause of the emergency**
  - Emergency situations
  - Disaster situations
- **Identify the type of injury in broad classifications**
  - Events relating to injury mechanisms
- **Assess the situation in terms of the type of assistance require**
  - The Primary Survey and CPR Sequence: HHH SCAB
  - Primary and secondary examinations
  - Evaluation of the patient's condition and severity of injuries
  - Use basic communication skills
  - Effective communication skills #1: Listening
  - Effective communication skills #2: Nonverbal communication
  - Effective communication skills #3: Managing stress
  - Effective communication skills #4: Emotional awareness
  - Class Activity 3: Assess an emergency situation

### THREATENING SITUATION

- **Theory, rules, principles, laws related to Cardio-Pulmonary**
  - Resuscitation (CPR), cessation of breathing, severe haemorrhage and common injuries
  - Principles of First Aid
  - The responsibility of the First Aider
  - Laws related to First Aid
  - Rules and ethics of First Aid
  - Patient consent
  - Procedure for handing a patient over to advanced care
- **Take universal precautions to prevent infection**
- **Deal with Cardio-Pulmonary (CP) arrest**
  - Purpose of Cardio-Pulmonary Resuscitation (CPR)
  - Apply first aid treatment
  - Purpose of specific equipment and training aids
  - Improvise equipment that is not readily available
  - Refer the casualty for medical assistance
  - Transportation of patients, services available and cost implications
  - Class Activity 4: Deal with Cardio-Pulmonary (CP) arrest

## CONTENTS OF THE COURSE CONTINUED:

- **Deal with cessation of breathing**
  - Purpose of Artificial Respiration (AR)
  - Apply first aid treatment
  - Purpose of specific equipment and training aids
  - Refer the casualty for medical assistance
  - Class Activity 5: Deal with cessation of breathing
- **Deal with severe haemorrhage**
  - ABC in first aid
  - Purpose of dealing with a severe haemorrhage
  - Apply first aid treatment
  - Purpose of specific equipment and training aids
  - Improvise equipment that is not readily available
  - Refer the casualty for medical assistance
  - Class Activity 6: Deal with severe hemorrhage

## DURATION OF OUR FIRST AID COURSE:

### FULL-TIME ONLY – 2DAYS

- 1<sup>st</sup> Day: Theory Training.
- 2<sup>nd</sup> Day: Practical Training

## SELECTION CRITERIA:

- Interest in First Aid / Application for Career Purposes.
- Communication and Mathematical Literacy at ABET level 3 (Equivalent of grade 5).
- Fluent in English (Need to be able to read, speak and understand very well).

## COST OF OUR FIRST AID

### COURSE:

REGISTRATION FEE: R 50.00

PRICE OF COURSE: R1, 000.00

#### Payment Plan

Deposit at registration: R 500.00

Balance due by first day: R 500.00

PLEASE SELECT:	YES	NO
Register for the course		
Pay in full		
Payment Plan		
Payment Plan Dates: (Circle)	1 <sup>st</sup>	15 <sup>th</sup> 25 <sup>th</sup>

## TREAT COMMON INJURIES

### • Identify and describe different types of injuries and conditions

- Shock
- Choking
- Heart Attacks
- Diabetes
- Seizures
- Asthma
- Allergic Reactions
- Fainting (Syncope)
- Strokes
- Unconsciousness

### • Take appropriate universal precautions to prevent infection

- Purpose of specific equipment and training aids
- **Improvise equipment that is not readily available**
- **Refer the casualty for medical assistance**
- **Provide follow-up care in accordance with the specific needs of the casualty**
  - Class Activity 7: Treat common injuries
  - Reflection
  - Facilitator Observation Checklist
  - Summative Assessment
  - Knowledge Questions
  - Practical Activities

### After successful completion of the course you will be able to:

- Demonstrate an understanding of emergency scene management.
- Demonstrate an understanding of elementary anatomy and physiology.
- Assess an emergency situation.
- Apply First Aid procedures to the life-threatening situation.
- Treat common injuries.

## YOUR FEES INCLUDE THE FOLLOWING:

- Learning Material (Textbooks)
- Theory & Practical Training
- Mouth Piece
- Certificate Of Completion

## BANK DETAILS:

### Nedbank

Name: SAAH Durban

Type: Cheque Account

Acc No: 1380154863

Branch Code: 198765

Reference: Full Name & Surname